

Disaster Response Grant

ADVISORY BOARD MEETING AGENDA

October 8, 2020 10:00 – 11:00 a.m. CT

Present: Megan Reese, Krista Horton, Joel Kerkman, Alissa Zoucha, Taira Masek, Alissa Zoucha, Dan Endorf, Kristine White, Brian Gralheer, Jamie Rich, Katlynn Osborn, Diane Wolfe, Ross Lafleur, Beth Kabes

Announcements

- Dr. Schonfeld access
 - Was able to make his initial arrangements as asked during the grant. Was able to meet with all districts and discuss their crisis plans/teams.

Reports

- Online Referral
- NBC is excited about this opportunity to start the Tier 3 services.

Activities from June 30 – September 30

- All Districts
 - Crisis Training with Dr. Schonfeld
 - NDE trainings
- Fremont--Joel
 - Crisis Team Training: Dr. Schonfeld
 - Building Process for how the MTSS system will work.
 - Youth and Adult Mental Health Aid Training
 - Compassion Fatigue Training
- North Bend Central—Dan
 - Crisis Team Training: Dr. Schonfeld
 - Staff enjoyed the presentation
 - Postponed the Compassion Fatigue Training at this time.
- Raymond Central--Brian
 - Crisis Team Training: Dr. Schonfeld
 - Trauma Overview Training: Staff really enjoyed the online experience with Project Harmony
 - Compassion Fatigue Training: Great reviews for Javiar and the training.

Upcoming Activities

- **SSET Training**, October 13 and October 16. [Link to Registration](#)
 - What SSET is:
 - Small group 10 weeks (40 minutes)
 - Group facilitators can be counselors/school psych/teacher/after school program.

- Virtual Training by the National Trainer and teams will be meeting at the ESU 2.
- Plan to facilitate a small group session within 2 months in order to satisfy certification
- Completing the training is Step 1 for the Train the Trainer Model
- **Youth Mental Health First Aid Train the Trainer**, January 27 – 29, 2021 and Adult Mental Health First Aid Train the Trainer, May 26-28th
 - Send names of candidates to Beth (bkabes@esu2.org) or Megan (mreese@esu2.org). They will send links to sign in to the LMS of MHFA of America.
 - Megan is sending an email that includes a link for interested persons
 - Available to anyone with an interest in Mental Health First Aid (does not have to be a counselor of School Psych)
- **NDE Crisis Response Team Level I** (Responding to staff/student death, Staff messaging, Parent messaging, Basic Psychological First Aid concepts. [Virtual from 8:30 – 3:30](#) (same link as Level II and III) (See attached flyer)
 - October 25, 2020
 - November 10, 2020
 - January 13, 2021
 - February 10, 2021
- **NDE Crisis Response Team Level II** (Field operations, Ongoing follow-up guidance, PFA core actions. [Virtual from 8:30 – 3:30](#) (same link as Level I and III) (See attached flyer)
 - January 12, 2021
 - February 9, 2021
 - March 9, 2021
- **NDE Crisis Response Team Level III** (Digging deeper into long-term follow-up). [Virtual from 8:30 – 3:30](#) (same link as Level I and II) (See attached flyer)
 - March 30, 2021
 - April 13, 2021
- A flyer for Basic and Advanced Threat Assessment Training is also attached

Data from district attendance

- Developing a quick snapshot of staff who attending trainings.
- Also, will be looking at pre/post surveys for data collection for SAMSHA

Next Steps

- Screener for referral
 - Navigators will be conducting a screening with families prior to referring Tier 3 services.
- Protocol for referral
 - Will have to collect data in several federal projects for Tier 3 supports and services.
 - i. This includes screening and therapy notes.
 - Develop guidelines and templates for those who creating or strengthen their current referral protocol.

- Bounce-Back and CBITS training
 - Content is very similar to that of SSET; however, this certification allows for 1 on 1 therapy sessions.
 - Bounce Back is for elementary kiddos.
 - CBITS is for middle schools' kiddos
 - Allows for clinical setting based on the kiddos needs.
 - Available for LMHP staff
- Tier 3 support
 - Last dollar therapy services for short term trauma therapy sessions. The grant will fund the last dollars for 6-8 weeks of sessions.
 - After the 6-8 weeks, the team at the school will determine if they will continue to fund the therapy session or if it is up to the family.

Updates & Questions:

- Can send referrals now for Tier 3 services.
- SSET/CBITS/Bounce Back are not Behavior groups these are for those kiddos that are struggling with a trauma.
- **NBC:** The quarantine has been causing impacts on students that are not able to have the social/life experiences. Contact tracing has caused concerns with students and their friendships.
- **Fremont:** experience same trauma as NBC but also students whose parents that have lost employment because of COVID-19.
- PSA (short 5-10 minutes) be created by mental health staff to share with districts.
- Social Dilemma is a must watch on Netflix.
 - The **Social Dilemma** focuses on how big **social** media companies manipulate users by using algorithms that encourage addiction to their platforms. It also shows, fairly accurately, how platforms harvest personal data to target users with ads – and have so far gone largely unregulated.